## **SALAD BOWLS**

#### **SEASONAL HOUSE CAESAR 9,50€**

Homegrown Salanova Butter Salad, Pulled Chicken, Boiled Organic Egg, Red Onions, Cherry Tomatoes, Homemade Croutons, German Mountain Cheese and Homerecipe Caesar Dressing

+Bacon 1,50€

#### CHOCOLATE CHICKEN 8,90€

Homegrown Salanova Chocolate Oak Salad, Pulled Chicken, Half Hass-Avocado, Elstar Apples, Roasted Almonds, German Mountain Cheese and Dijon Vinaigrette

## **VEGAN WINTER HARVEST** 7,50€

**Homegrown Scarlet Baby Kale,** Organic Brown Rice, Red Cabbage, Raw Carrots, Roasted Sweet Potatoes, Roasted Cauliflower, Roasted Sunflower Seeds and SLO (Salatd-Lemon Juice-Olive Oil)

Dressing

#### GIN-SALMON AVOCADO 9,90€

**Homegrown Salanova Butter Salad**, Organic Brown Rice, Gin cured Raw Salmon, Half Hass-Avocado, Cherry Tomatoes, Raw Carrots, Pickled Onions, Roasted Almonds and Sriracha-Yogurt Dressing

#### **VEGAN TOFU PEANUT-GINGER** 8,20€

**Homegrown Salanova Yacht Salad**, Organic Quinoa, Roasted Organic Tofu, Half Hass-Avocado, Raw Carrots, Roasted Chick Peas, Kale-Chips and Peanut-Ginger Dressing

#### **WARM BOWLS**

#### PULLED BEEF SHORT RIBS ON SPÄTZLE 9.90€

Swabian Spätzle, Pulled Beef Short Ribs, **Homegrown Scarlet Baby Kale**, Elstar Apples, Roasted Almonds, Soft Boiled Organic Egg, Horseradish Creme and Lineseed Oil

## VEGAN TRUFFLE MUSHROOMS 8,20€

Organic Brown Rice, Roasted Organic Tofu, Roasted Champignons, Roasted Cauliflower, Roasted Sunflower Seeds, **Homegrown Salanova Butter Salad**, Cranberries, Kale-Chips and Truffle-Dressing

#### SCARLET WINTER VEGGIES - VEGETARIAN 8,20€

Organic Quinoa, Roasted Cauliflower, Roasted Chipotle-Brussel Sprouts, Roasted Sweet Potatoes, Roasted Chick Peas, **Homegrown Scarlet Baby Kale**, Kale-Chips, Cranberries and Sriracha-Yogurt Dressing

+Bacon 1,50€

All Bowls (Salad, Warm) also available in Small (-20%)

**GOOD BANK WINTER MENU 2018 - ENGLISH** 

## **SOUP BOWLS**

## CARROT & GINGER - VEGAN 5,40€

with Roasted Chick Peas and Kale-Chips

# POTATO-LETTUCE POT – VEGAN 5,40€

with Homegrown Salad, Homemade Croutons and Kale-Chips

#### EXTRAS FOR YOUR SOUP - 1€ each

German Mountain Cheese Soft Boiled Organic Egg Organic Quinoa Organic Brown Rice

All soups also available in Small (-20%)

## FLATBREADS & SANDWICHES

#### THE GOOD WINTER FLATBREAD

7,50€

Pulled Beef Short Ribs, German Mountain Cheese, Roasted Chick Peas, Roasted Champignons, Pickled Onions, Organic Brown Rice, **Homegrown Salad** and Sriracha-Yogurt Dressing

## THE GOOD VEGAN WINTER FLATBREAD 7,50€

Avocado, Roasted Champignons, Pickled Onions, Roasted Chick Peas, Organic Brown Rice,

Homegrown Salad and Peanut-Ginger Dressing

## AVOCADO FRIED EGG SANDWICH - VEGETARISCH 5,50€

Avocado, Fried Organic Egg, German Mountain Cheese, Homegrown Salad and Horseradish Creme

## BACON FRIED EGG SANDWICH 6,00€

Roasted Bacon, Fried Organic Egg, German Mountain Cheese, Pickled Onions, **Homegrown Salad** and Sriracha-Yogurt Dressing