



We grow our superstar lettuce varieties, Butterhead and Yacht, in our in-store greenhouses as well as another lettuce variety, Chocolate Oak, and a rare variety of Baby Kale, in two additional greenhouses located in Spandau, in the outskirts of Berlin. The greens take about one month to grow. Our vegetables grow hydroponically - in water - in energy efficient modules developed by our technology partner INFARM.

SEASONAL SALAD BOWLS

- ☞ = seasonal / regional
- - AWF = Animal Welfare Friendly Farms
- - All Bowls served with a Pinch of Sea Salt
- - Need bread? Ask our Team

STANDARD / SMALL

STANDARD / SMALL

Fall Caesar € 9,50 / € 7,60
Salanova Butter Lettuce,
 Roasted Chicken Breast
 Slices^{AWF}, Boiled Organic
 Egg*^{bio}, Red Onions[☞], Cherry
 Tomatoes, Croutons, Grated
 German Mountain Cheese^g and
 Homerecipe Caesar Dressing^{g,j}

Chocolate Chicken € 8,90 / € 7,10
**Salanova Chocolate Oak
 Lettuce**, Roasted Chicken
 Breast Slices^{AWF}, Hass
 Avocado, Elster Apples[☞],
 Grated German Mountain
 Cheese^g, Roasted Almonds,
 and Dijon Vinaigrette^l

Coffee Carrot Quinoa^{VG} € 8,90 / € 7,10
Salanova Yacht Lettuce,
 Quark Cheese, Quinoa^{bio},
 Carrots cooked in Ground
 Coffee[☞], Roasted Sunflower
 Seeds, Fresh Horseradish[☞]
 and Riesling & Carrot
 Dressing

Vegan Fall Harvest^V € 7,50 / € 5,90
Baby Kale, Lentils^{bio}, Red
 Cabbage[☞], Raw Carrots[☞],
 Cauliflower Steak[☞], Roasted
 Sunflower Seeds, Lemon &
 Olive Oil Dressing

SPECIALS

Fall Beef € 8,90
Pumpkin Lasagne
 Pasta Sheets, **Baby Kale**,
 Minced Beef^{AWF}, Hokkaido
 Pumpkin[☞], Ricotta, Basil,
 Carrots[☞], Red Wine,
 Garlic, Red Onion[☞]

The Good Short Ribs € 12,50
Salanova Butter Lettuce,
Baby Kale, Pulled Short
 Ribs^{AWF}, Mashed Potatoes[☞],
 Slow Cooked Organic Egg*^{bio},
 Elster Apples[☞], Quark
 Cheese^g and Linseed Oil



ADD TOPPINGS TO YOUR BOWL (see next page)

SANDWICHES & FLATBREADS

Each comes with a complementary dip

<p>Chicken Egg* Caesar € 6,00 Sour Dough Bread^a, Salanova Chocolate Oak Lettuce, Caesar Dressing^{g,j}, Roasted Chicken Slices^{AWF}, Grated German Mountain Cheese^g, Boiled Organic Egg*^{bio}</p>	<p>Veggie Blumenkohl € 5,50 Steak & Egg*^{VG} Sour Dough Bread^a, Baby Kale, Tarragon Cream^g, Raw Carrot Slices[☞], Cauliflower Steak[☞], Boiled Organic Egg*^{bio}</p>	<p>The Good Flatbread € 7,50 Flat Bread^a, Baby Kale, Pulled Short Ribs^{AWF}, Lentils^{bio}, Red Cabbage[☞], Pickled Red Onion[☞], Grated German Mountain Cheese^g, Chipotle Chili Cream</p>	<p>The Good Vegan € 7,50 Avocado Flatbread^{VG} Flat Bread^a, Baby Kale, Cauliflower Steak[☞], Lentils^{bio}, Red Cabbage[☞], Pickled Red Onion[☞], Avocado Cream</p>
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HOMEMADE SOUP

with Bread

STANDARD / SMALL

ASK OUR TEAM FOR
 THE SOUP OF THE DAY

€ 5,40 / € 4,30

HOMEMADE CAKE

RAW-CHOCOLATE CAKE^{V,h}

€ 4,50

Additives:

1) with coloring 2) with preservative 3) with nitrite curing salt 4) with antioxidant 5) with flavor enhancer 6) sulphurised 7) blackened 8) with phosphate 9) with milk protein 10) caffeinated 11) quinine 12) with sweetener 13) contains a source of phenylalanine 14) waxed 15) with taurine 16) contains soybean oil; made from genetically modified soy

Allergens:

a) wheat b) crustaceans c) eggs d) Fish e) peanuts f) soy g) milk h) nuts i) celery j) mustard k) sesame l) sulfite m) lupine n) molluscs

#EATTHEFARM

DESIGN YOUR OWN SALAD

YOUR BOWL IN 4 EASY STEPS

STANDARD / SMALL

€ 6,50 / € 5,20

1. BASE CHOOSE 2

GREENS

- Salanova Yacht Lettuce
- Salanova Butter Lettuce
- Salanova Chocolate Oak Lettuce

GRAINS

- Quinoa 
- Lentils 





2. VEGGIES CHOOSE 3

 = seasonal/regional


ADDITIONAL VEGGIES

STANDARD + € 1,0 / SMALL + € 0,8

RAW

- Baby Kale
- Carrots 
- Red Cabbage 
- Elster Apples 
- Red Onions 
- Cherry Tomatoes
- Freshly Grated Horseradish 

ROASTED

- Hokkaido Pumpkin Steak 
- Cauliflower Steak 
- Carrots Roasted in Ground Coffee from us and our Coffee serving neighbours 

3. DRESSINGS CHOOSE 1

- Caesar^{9,j}
- Dijon Vinaigrette^{v,j}
- Tarragon Cream⁹
- Chipotle Chili Cream⁹
- Carrots and Riesling^v
- Lemon & Olive Oil^v
- Linseed Oil^v

Feel free to leave out your dressing and add Olive Oil and/or Balsamico to your bowl by yourself!

NEED BREAD?
ASK OUR
TEAM

4. PREMIUMS

CHOOSE WHATEVER YOU DESIRE

PROTEIN

STANDARD / SMALL

- Half Hass Avocado € 1,8
- Slow Cooked Organic Egg*^{oo} € 1,5
- Roasted Chicken ANIMAL WELFARE FRIENDLY FARMS € 2,5 / € 1,9
- Pulled Short Ribs ANIMAL WELFARE FRIENDLY FARMS € 2,9 / € 2,3
- Raw Salmon, Gin cured Scottish High Quality € 2,9 / € 2,3

CHEESE

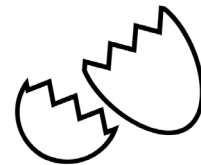
- Quark Cheese⁹ € 1,0 / € 0,8
- German Mountain Cheese⁹ € 1,5 / € 1,2

NUTS

- Roasted Almonds € 1,5 / € 1,2
- Roasted Sunflower Seeds € 1,5 / € 1,2

ADD ONE SOFT BOILED ORGANIC EGG

€ 1,5



WE SLOW COOK OUR ORGANIC EGGS FOR 45 MINUTES IN THE OVEN SERVING YOU THE SOFTEST POACHED EGG - FRESHLY CRACKED IN FRONT OF YOU

HOMEMADE DRINKS

Lemonade € 3,40
Lemon, Ginger, Basil

Ice Tea € 3,40
Hibiscus

50/50 € 3,40
Half Lemonade, Half Ice Tea

COLD DRINKS


Water 0,3l € 1,90
Sparkling / Still
Water 0,75l € 2,90
Sparkling / Still
Coconut Water, € 4,40
Fountain of Youth
Kombucha, € 4,40
ManuTeeFaktur
Soft Drinks, Regular € 2,90
or Light

ALCOHOL

Craft Beer
Brlo - German IPA 0,33l € 3,90
AndUnion - Friday IPA 0,5l € 4,60
AndUnion - Lager Bier 0,5l € 4,60
Wine - See Display 
0,1l Glass € 3,40
0,2l Glass € 6,80
Sparkling Wine - See Display 
0,2l Glass € 4,90

COFFEE + TEA

Espresso € 1,50
Americano € 2,70
Cappuccino € 3,20
Latte Macchiato € 3,20
Tea € 2,60
Golden Latte - Milk with Turmeric € 3,70
Matcha Latte € 3,70

CHOOSE YOUR MILK! 
ALL COFFEE + TEA ALSO SERVED ON ICE!